

Denver Latino Counseling, LLC

Good Faith Estimate Notice

www.solcounseling.com

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Your Right to a Good Faith Estimate

Under the law, health care providers are required to give clients who don't have insurance, or who are not using insurance, an estimate of the expected charges for medical services, including mental health care.

You have the right to receive a **Good Faith Estimate** for the total expected cost of any non-emergency health care services, including psychotherapy services.

You can ask your health care provider, and any other provider you choose, for a Good Faith Estimate before you schedule a service.

If you receive a bill that is at least \$400 more than your Good Faith Estimate, you can dispute the bill.

For questions or more information about your right to a Good Faith Estimate, visit www.cms.gov/nosurprises or call **1-800-985-3059**.

Our Standard Session Fees

At Denver Latino Counseling, LLC, our current fees are as follows:

- **Individual Therapy Session (50–55 minutes):** \$150 per session
- **Couples or Family Therapy Session (50–55 minutes):** \$160 per session

We will work with you to determine the frequency and duration of therapy that is appropriate for your needs and goals. The total cost of services will depend on the number of sessions you attend and any additional services you request.

Example of Estimated Costs:

Number of Sessions Individual Therapy Couples/Family Therapy

4 sessions	\$600	\$640
8 sessions	\$1,200	\$1,280
12 sessions	\$1,800	\$1,920

This is only an estimate of costs based on our standard fees and does not include any additional services that you and your therapist may agree upon in the course of treatment. The actual number of sessions needed will depend on your specific needs and progress in therapy.

Contact Information

To request a Good Faith Estimate in writing before your first appointment, please call our office at (720) 276-9188 or email us at vanessa@denverlatinocounseling.com.

We are happy to answer your questions and provide any additional information you may need.

Disclaimer:

This Good Faith Estimate shows the costs of services that are reasonably expected for your mental health care needs. The estimate is based on information known at the time it is created. The estimate is not a contract and does not obligate you to obtain any services from our practice.